

**MSHSL Section 1A Subsection 3** May 22, 2019 at Dover-Eyota High School

Girls Team Scores:

1.	Lanesboro/Fillmore Central/Mabel-Canton	135
2.	La Crescent-Hokah	117
3.	Rushford-Peterson/Houston	114.5
4.	Cotter	99
5.	Chatfield	70.5
6.	Caledonia/Spring Grove	18

100 Meters Varsity - Finals x

1.	10	Amanda Iverson	12.91a	La Crescent-Hokah
2.	9	Brielle Ruen	13.24aPR	Lanesboro/Fillmore C...
3.	10	Eliza Welscher	13.26a	Caledonia/Spring Grove
4.	9	Olivia Gardner	13.32a	Cotter
5.	8	Brielle Rasmussen	13.34aPR	Rushford-Peterson/Ho...
6.	12	Claire Nichols	13.48a	Cotter
7.	12	Kjersta Hinz	13.61a	Rushford-Peterson/Ho...
8.	10	Rylee Burnett	13.74aSR	Chatfield
9.	8	Kloe Jore	13.87a	Caledonia/Spring Grove
10.	11	Alida Berg	13.88aPR	Lanesboro/Fillmore C...
11.	9	Riley Fuchsel	13.92a	La Crescent-Hokah
12.	8	Cali Esser	14.01a	La Crescent-Hokah
13.	12	Kaitlyn Bieberdorf	14.32a	Rushford-Peterson/Ho...
14.	8	Alexis Schroeader	14.44a	Caledonia/Spring Grove
15.	9	Autumn Frederick	15.14a	Chatfield
16.	11	Alexis Demorest	15.27a	Chatfield
17.	10	Olyvia Willford	15.44a	Lanesboro/Fillmore C...
18.	7	Savanna Welters	15.53aPR	Cotter

200 Meters Varsity - Finals x

1.	10	Amanda Iverson	26.71a	La Crescent-Hokah
2.	10	Allison Papenfuss	27.55a	Rushford-Peterson/Ho...
3.	8	Brielle Rasmussen	27.77a	Rushford-Peterson/Ho...
4.	10	Eliza Welscher	28.41a	Caledonia/Spring Grove
5.	9	Lauren Cole	28.66a	Chatfield
6.	7	Kammry Broadwater	29.06aPR	Lanesboro/Fillmore C...
7.	11	Jenny Albrecht	29.14aPR	Rushford-Peterson/Ho...
8.	9	Zayda Priebe	29.31a	Chatfield
9.	9	Megan Costello	33.51aSR	Cotter
10.	11	Kilee Sipusich	34.24aPR	La Crescent-Hokah
	8	Kloe Jore	NT	Caledonia/Spring Grove
	9	Grace Menke	SCR	Cotter
	10	Kaylor Soiney	NT	Lanesboro/Fillmore C...
	9	Alysha Heaney	NT	Caledonia/Spring Grove
	12	Anna Erickson	NT	Lanesboro/Fillmore C...
	10	Alyssa Baum	NT	Chatfield
	7	Bethany Finnegan	NT	Cotter
	11	Ava McCormick	NT	La Crescent-Hokah

400 Meters Varsity - Finals x

1.	9	Brielle Ruen	1:00.81a	Lanesboro/Fillmore C...
2.	8	Betsy Nagel	1:05.36a	Cotter
3.	9	Morgan Pickett	1:06.98a	Lanesboro/Fillmore C...
4.	10	Alayna Helgemoe	1:07.32aPR	Rushford-Peterson/Ho...
5.	7	Taylor Helgemoe	1:07.47aPR	Rushford-Peterson/Ho...
6.	10	Emma Geiwitz	1:07.58a	Rushford-Peterson/Ho...
7.	9	Olivia Gardner	1:08.08aPR	Cotter
8.	11	Erin Jaquette	1:08.65aSR	La Crescent-Hokah
9.	7	Jersey Ristau	1:08.71aPR	Lanesboro/Fillmore C...
10.	12	Jenna Scanlan	1:09.61aPR	Caledonia/Spring Grove

11.	9	Sadie Treptow	1:09.74aPR	La Crescent-Hokah
12.	8	Alex Tostenson	1:12.39aPR	Caledonia/Spring Grove
13.	7	Abbey Gardner	1:13.07aPR	Cotter
14.	9	Elizabeth Benfield	1:13.80aPR	La Crescent-Hokah
15.	9	Autumn Frederick	1:13.92aPR	Chatfield
16.	11	Alexis Demorest	1:14.53aPR	Chatfield
17.	10	Stevie Bulman	1:19.22aPR	Caledonia/Spring Grove

#### 800 Meters Varsity - Finals x

1.	10	Aubrey Williams	2:33.53a	Cotter
2.	12	Molly Franzose	2:34.70aPR	La Crescent-Hokah
3.	7	Jessica Beguin	2:35.07aPR	Cotter
4.	12	Katelin Prinsen	2:36.15aSR	Lanesboro/Fillmore C...
5.	10	Katelyn Kleiboer	2:42.41a	Lanesboro/Fillmore C...
6.	8	Sydney Ellis	2:44.21aPR	Chatfield
7.	7	Lauren Honken	2:45.69aPR	Rushford-Peterson/Ho...
8.	7	Campbell Cognac	2:47.06aPR	Caledonia/Spring Grove
9.	9	Grace Buchanan	2:47.32aPR	Rushford-Peterson/Ho...
10.	9	Kennette Duffy	2:49.43aPR	La Crescent-Hokah
11.	9	Julia Lechnir	2:49.75aPR	La Crescent-Hokah
12.	11	Grace Springer	2:51.27aPR	Lanesboro/Fillmore C...
13.	9	Sydney Allen	2:52.39aSR	Chatfield
14.	9	Therese Jore	2:53.16aPR	Rushford-Peterson/Ho...
15.	9	Stefani Cardenas	2:57.13aPR	Cotter

#### 1600 Meters Varsity - Finals x

1.	10	Grace Ping	5:12.34a	Cotter
2.	8	Lauren Ping	5:12.55a	Cotter
3.	10	Kaylee Arndt	5:33.26a	Lanesboro/Fillmore C...
4.	9	Abbi Gillespie	5:51.26a	Chatfield
5.	9	Tessa McMahan	5:56.60a	Chatfield
6.	9	Lydia Rosendahl	5:58.63aPR	La Crescent-Hokah
7.	8	Autumn Rabe	5:58.82aPR	La Crescent-Hokah
8.	8	Adeline Miner	6:11.76aSR	Lanesboro/Fillmore C...
9.	10	Isabelle Berg	6:13.51aSR	Chatfield
10.	12	Emily Didier	6:20.13a	Rushford-Peterson/Ho...
11.	10	Hannah Linder	6:21.57a	Rushford-Peterson/Ho...
12.	9	Malia Tessum	6:35.42a	Lanesboro/Fillmore C...
13.	12	Fatima Mota	6:36.85aSR	Cotter

#### 3200 Meters Varsity - Finals x

1.	8	Lauren Ping	10:53.06a	Cotter
2.	10	Grace Ping	11:07.71a	Cotter
3.	10	Morgan Arnold	11:36.27a	Cotter
4.	10	Kaylee Arndt	11:50.98aPR	Lanesboro/Fillmore C...
5.	8	Aletta Strande	12:28.92aPR	Chatfield
6.	11	Katy Steffes	13:09.47aPR	La Crescent-Hokah
7.	11	Beatrice Martin	13:18.91aSR	Chatfield
8.	10	Ashley Muenzenberger	13:40.79aPR	La Crescent-Hokah
9.	9	Katelyn Dornack	13:47.37aPR	Chatfield
10.	9	Halle Norby	14:29.39aPR	Lanesboro/Fillmore C...

#### 100m Hurdles - 33" Varsity - Finals x

1.	11	Emma Breitsprecher	15.70a	Lanesboro/Fillmore C...
2.	9	Emily Ludwig	17.56a	La Crescent-Hokah
3.	10	Emmarie Byom	17.63a	La Crescent-Hokah
4.	10	Joanna Salerno	17.87aSR	Chatfield
5.	10	Rebecca Fox	18.11a	Chatfield
6.	12	Ella Baudek	19.45a	La Crescent-Hokah
7.	11	Silja Erickson	19.59aPR	Chatfield
8.	10	Kelly Ristau	19.71a	Lanesboro/Fillmore C...
9.	10	Alison Freese	20.34a	Lanesboro/Fillmore C...

10.	8	Allie Kingsley	22.49aPR	Rushford-Peterson/Ho...
	10	Shelby Semling	SCR	Rushford-Peterson/Ho...

300m Hurdles - 30" Varsity - Finals x

1.	11	Emma Breitsprecher	46.73a	Lanesboro/Fillmore C...
2.	10	Lola Baudek	48.91a	La Crescent-Hokah
3.	10	Rebecca Fox	50.11a	Chatfield
4.	9	Sera Speltz	52.86aPR	Cotter
5.	9	Emily Ludwig	52.89aPR	La Crescent-Hokah
6.	10	Joanna Salerno	53.11aSR	Chatfield
7.	10	Kelly Ristau	55.54aSR	Lanesboro/Fillmore C...
8.	10	Alison Freese	56.84a	Lanesboro/Fillmore C...
9.	9	Alexis Myhre	57.37aPR	La Crescent-Hokah
10.	10	Abbigail Dahley	57.95aSR	Chatfield
11.	9	Ellie Glodowski	1:00.61aPR	Cotter
12.	9	Grace Menke	1:02.42aPR	Cotter

4x100 Relay Varsity - Finals x

1.		Riley Fuchsel Amanda Iverson Cali Esser Emmarie Byom	52.55a	La Crescent-Hokah
2.	-	Kjersta Hinz Kaitlyn Bieberdorf Alyvia Eide Allison Papenfuss	52.66a	Rushford-Peterson/Ho...
3.		Eliza Welscher Alexis Schroeder Alysha Heaney Kloe Jore	53.30a	Caledonia/Spring Grove
4.		Rylee Burnett Stephanie Bradt Joanna Salerno Alyssa Baum	53.65a	Chatfield
5.		Alida Berg Macayla Brogle Lauren Brogle Kassidy Broadwater Savanna Welters Bethany Finnegan Grace Menke Elaine Zehr	55.72a      DQ	Lanesboro/Fillmore C...      Cotter

4x200 Relay Varsity - Finals x

1.		Kjersta Hinz Brielle Rasmussen Jenny Albrecht Allison Papenfuss	1:51.34a	Rushford-Peterson/Ho...
2.		Alida Berg Lauren Brogle Macayla Brogle Kammry Broadwater	1:53.52a	Lanesboro/Fillmore C...
3.		Zayda Priebe Alyssa Baum Ann Warren Lauren Cole	1:55.83a	Chatfield
4.		Bridget Fuchsel Kori Baer Megan Bubbers Emma Siegersma	1:58.60a	La Crescent-Hokah
5.		Arianna Tostenson Harlie Tostenson		

Alex Tostenson Jenna Scanlan Bethany Finnegan Savanna Welters Grace Menke Elaine Zehr	2:03.64a	Caledonia/Spring Grove
	DQ	Cotter

4x400 Relay Varsity - Finals x

1. Macayla Brogle Brielle Ruen Kammry Broadwater Emma Breitsprecher	4:13.18a	Lanesboro/Fillmore C...
2. Lauren Cole Rebecca Fox Stephanie Bradt Karla Gomez	4:23.10a	Chatfield
3. Cali Esser Kiara Keip Erin Jaquette Lola Baudek	4:26.87a	La Crescent-Hokah
4. Sera Speltz Betsy Nagel Maren Stewart Olivia Gardner	4:30.05a	Cotter
5. Jayden Serres Amelia Torgerson Ariana Rasmussen Lakyn Rasmussen	4:57.56a	Rushford-Peterson/Ho...

4x800 Relay Varsity - Finals x

1. Halle Norby Madison Simon Katelyn Kleiboer Katelin Prinsen	10:38.67a	Lanesboro/Fillmore C...
2. Abbi Gillespie Tessa McMahon Karla Gomez Sydney Allen	10:45.27a	Chatfield
3. Jessica Beguin Ellie Glodowski Maren Stewart Sera Speltz	10:47.30a	Cotter
4. Katy Steffes Julia Lechnir Lydia Rosendahl Molly Franzose	10:59.11a	La Crescent-Hokah
5. Emily Didier Alayna Helgemoe Grace Buchanan Lauren Honken	11:13.65a	Rushford-Peterson/Ho...

Shot Put - 4kg Varsity - Finals x

1. 11 Kaleah Davis	33-10.75	Rushford-Peterson/Ho...
2. 11 Jenny Albrecht	31-10.75	Rushford-Peterson/Ho...
3. 10 Sydney Taylor	30-01.00	Lanesboro/Fillmore C...
4. 12 Kaci Goldsmith	29-10.50PR	Chatfield
5. 9 Elizabeth Jandt	29-00.50PR	Rushford-Peterson/Ho...
6. 10 Emmaline Zabel	28-08.00PR	La Crescent-Hokah
7. 9 Ella Cambern	26-11.75	Lanesboro/Fillmore C...
8. 12 Sarah Baum	26-09.50SR	Chatfield
9. 12 Taryn Raaen	25-01.50	Lanesboro/Fillmore C...
10. 10 Lindsey Smith	22-03.50	La Crescent-Hokah

Discus - 1kg Varsity - Finals x

1.	12	Payton Dryden	116-10	La Crescent-Hokah
2.	11	Kaleah Davis	107-07	Rushford-Peterson/Ho...
3.	11	Silja Erickson	106-01	Chatfield
4.	12	Emily Snyder	100-04PR	Lanesboro/Fillmore C...
5.	10	Sydney Taylor	99-09	Lanesboro/Fillmore C...
6.	9	Zayda Priebe	96-04PR	Chatfield
7.	11	Rita Row	90-07PR	Cotter
8.	10	Emmaline Zabel	86-02PR	La Crescent-Hokah
9.	12	Sarah Baum	85-09SR	Chatfield
10.	12	Lauren Lawston	84-09PR	Rushford-Peterson/Ho...
11.	10	Lindsey Smith	80-00PR	La Crescent-Hokah
12.	10	Madison Krage	69-00	Lanesboro/Fillmore C...
13.	9	Elizabeth Jandt	67-09	Rushford-Peterson/Ho...

High Jump Varsity - Finals x

1.	10	Kelly Ristau	4-11.00SR	Lanesboro/Fillmore C...
2.	9	Lauren Cole	4-09.00	Chatfield
3.	9	Sarah Thesing	4-09.00	La Crescent-Hokah
4.	12	Payton Dryden	4-09.00SR	La Crescent-Hokah
5.	9	Autumn Frederick	4-09.00PR	Chatfield
5.	12	Kjersta Hinz	4-09.00	Rushford-Peterson/Ho...
7.	11	Ann Warren	4-07.00SR	Chatfield
8.	8	Arianna Tostenson	4-05.00	Caledonia/Spring Grove
8.	12	Lauren Lawston	4-05.00SR	Rushford-Peterson/Ho...
10.	9	Maci Woodard	4-05.00SR	Rushford-Peterson/Ho...
11.	9	Emily Ludwig	4-03.00	La Crescent-Hokah
12.	11	Saioa Legal	4-01.00	Lanesboro/Fillmore C...
12.	10	Harlie Tostenson	4-01.00	Caledonia/Spring Grove
	9	Halle Norby	NH	Lanesboro/Fillmore C...
	9	Megan Costello	NH	Cotter
	8	Alex Tostenson	NH	Caledonia/Spring Grove

Pole Vault Varsity - Finals x

1.	11	Emma Breitsprecher	8-04.00	Lanesboro/Fillmore C...
2.	10	Emma Siegersma	7-10.00	La Crescent-Hokah
2.	11	Kassidy Broadwater	7-10.00	Lanesboro/Fillmore C...
4.	10	Alison Freese	7-04.00PR	Lanesboro/Fillmore C...
4.	12	Jayden Rasmussen	7-04.00PR	Rushford-Peterson/Ho...
6.	10	Emma Geiwitz	6-10.00	Rushford-Peterson/Ho...
7.	8	Sydney Ellis	6-04.00	Chatfield
7.	9	Hailey Alfson	6-04.00	Rushford-Peterson/Ho...
7.	8	Emma Mulhern	6-04.00	Chatfield
	10	Emmarie Byom	NH	La Crescent-Hokah
	10	Abbigail Dahley	NH	Chatfield

Long Jump Varsity - Finals x

1.	12	Claire Nichols	15-05.25	Cotter
2.	10	Emma Geiwitz	15-04.75SR	Rushford-Peterson/Ho...
3.	12	Kaitlyn Bieberdorf	14-10.00PR	Rushford-Peterson/Ho...
4.	12	Lauren Lawston	14-09.25	Rushford-Peterson/Ho...
5.	9	Sera Speltz	14-01.50	Cotter
6.	9	Macayla Brogle	14-01.00	Lanesboro/Fillmore C...
7.	9	Bridget Fuchsel	13-09.00PR	La Crescent-Hokah
8.	12	Jenna Scanlan	13-08.00	Caledonia/Spring Grove
8.	8	Arianna Tostenson	13-08.00	Caledonia/Spring Grove
10.	10	Rylee Burnett	13-07.50	Chatfield
11.	7	Lauren Brogle	13-02.75	Lanesboro/Fillmore C...
12.	10	Harlie Tostenson	13-01.00PR	Caledonia/Spring Grove
13.	8	Cali Esser	12-10.00	La Crescent-Hokah
14.	12	Kaci Goldsmith	12-04.25PR	Chatfield

15.	9	Alexis Myhre	10-09.50	La Crescent-Hokah
16.	11	Ariana Berg	10-03.00PR	Lanesboro/Fillmore C...

Triple Jump Varsity - Finals x

1.	10	Emmarie Byom	32-08.25	La Crescent-Hokah
2.	10	Emma Geiwitz	32-08.00	Rushford-Peterson/Ho...
3.	12	Kaitlyn Bieberdorf	32-03.00SR	Rushford-Peterson/Ho...
4.	10	Alayna Helgemoe	31-05.00PR	Rushford-Peterson/Ho...
5.	9	Megan Costello	29-07.00PR	Cotter
6.	10	Kelly Ristau	29-03.50	Lanesboro/Fillmore C...
7.	11	Saioa Legal	29-00.25PR	Lanesboro/Fillmore C...
8.	9	Morgan Pickett	27-11.25PR	Lanesboro/Fillmore C...
9.	9	Zayda Priebe	27-08.00PR	Chatfield
10.	7	Abbey Gardner	26-11.00PR	Cotter